# **More Information**

For more information about bleeding disorders, or to find out how to get in touch with your local Haemophilia Foundation or a specialist Haemophilia Treatment Centre, contact:

# **Haemophilia Foundation Australia**

P: **1800 807 173** 

E: hfaust@haemophilia.org.au

W: www.haemophilia.org.au



## References

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Important Note: This booklet was developed by Haemophilia Foundation Australia for education and information purposes only and does not replace advice from a treating health professional. Always see your health care provider for assessment and advice about your individual health before taking action or relying on published information.

### Other sources

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# About this booklet

This booklet is an introduction to bleeding disorders in females designed for young women. It aims to explain bleeding disorders in detail in a way that is easy to understand for you, your family, partner or friends.

Bleeding disorders covered in this booklet include:

- Haemophilia A and haemophilia B
- Carrying the gene for haemophilia A and haemophilia B
- Von Willebrand disease
- Rare clotting factor deficiencies including platelet function disorders.

Treatment is only described briefly in this resource, and will be covered in more depth in a separate booklet.

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This resource may be printed or photocopied for education purposes.

# Acknowledgements

We would like to thank the organisations and the many people who made valuable contributions to this booklet.

The menstrual cycle diagram was originally published by Jean Hailes (jeanhailes.org.au) and has been reproduced and adapted with permission.

**Quotes and personal stories** in this booklet were contributed by young Australian women with bleeding disorders or who carry the gene.

We thank them for their generosity in sharing their experiences.

### Reviewers

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(includes young women and parents of young women – individuals not listed for privacy reasons)

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**Dr Sonia Grover**, Paediatric Gynaecologist, Royal Children's Hospital, Melbourne and **Dr Jane Mason**, Haematologist and Director, Queensland Haemophilia Centre, Royal Brisbane and Women's Hospital, also undertook a substantial initial review and contributed new content to the booklet.

**Note:** Apart from the photograph of Jade with Jade's Story, all photographs used in this booklet are stock images for illustration only.

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